

Results from the Fell Races at the Rusland Show on 21st August 2010.

RUSLAND FIVE MILE FELL RACE

CATEGORY BS 5 miles 850ft

Date: 21st August 2010

42 Runners. 32 men, 10 ladies, 16 V40s, 13 V50s & over,

POSITION	NAME	CAT	CLUB	TIME
1 (1 st V40)	Paul Dugdale	V40	Kendal	32.28
2	Stuart Edmondson	M	Horwich	34.06
3 (2 nd V40)*	Brendan Bollond	V40	Horwich	35.35
4	Nathan Pike	M	unattached	36.08
5 (1st V50)	S. Carr	V50	unattached	36.28
6	Rob Dobson	M	Calder Valley FR	37.01
7 (2 nd V50)	Roy Woodland	V50	unattached	37.23
8 (3 rd V50)	Dale Gartley	V50	FRA	37.46
9 (3 rd V40)	Simon Stanway	V40	Barrow & Furness S	37.52
10	Tom Doyle	M	Helm Hill	38.24
11 (1 st lady)	Melanie Hyder	L	Helm Hill	38.37
12	Mike Meadowcroft	M	Bowland	40.30
13 (1 st V60)	Simon Brister	V60	Matlock	40.36
14 (4 th V40)	Paul Marshall	V40	unattached	41.37
15	Ben Thomas	M	unattached	41.45
16 (4 th V50)	David Evans	V50	unattached	42.37
17 (2 nd lady)	Helen Woodley	L	unattached	42.57
18 (3 rd lady)	Kath Woodley	L	unattached	42.57
19 (1 st LV40)	Rebekah Beadle	LV40	unattached	43.07
20 (1 st LV50)	Wendy Dodds	LV50	Clayton-le-Moors	43.33
21	Pete Weatherhead	V50(55)	Wirral Athletic	43.49
22*	Ian Smith-Ward	V40	LOC	44.16
23 (2 nd V60)	Patrick Thomas	V60	Glaxo Hoad Hill H	44.49
24	Pete Davison	V40(45)	Glaxo Hoad Hill H	44.56
25	David Parminter	V50	Black Combe	45.25
26 (3 rd V60)	John Hodgson	V60	Dallam	45.44
27*	Ross Howard	V40(45)	unattached	46.15
28	Graham Lloyd	V40	Calder Valley FR	46.22
29	A. Gittins	V40	Black Combe	46.29
30*	Amanda Howard	LV40	unattached	47.11
31	Paul Platt	V40	unattached	47.24
32	Graham Metcalfe	M	unattached	47.25
33	Claire Evans	LV40	unattached	49.02
34	Paul Gubbins	V40	unattached	49.15
35	Nicola Hart	LV40	Ambleside	49.17
36*	Katie Stephens	LV40	unattached	49.50
37	Kath Hoyer	LV50	Wesham Road Runners	50.39
38	Ian Conway	V60	Helm Hill	51.13
39	David Binks	V60	unattached	55.24
40	Gareth Knowles	M	unattached	55.38
41	Lawrie Woodley	V70	Allithwaite	56.31

POSITION	NAME	CAT	CLUB	TIME
42	Karl Fursey	M	Black Combe R	61.54

LADIES top 4 (Rusland 5)

CAT POSN	POSN O/A	NAME	CAT	CLUB	TIME
1	11	Melanie Hyder	L	Helm Hill	38.37
2	17	Helen Woodley	L	unattached	42.57
3	15	Kath Woodley	L	unattached	42.57
4	17	Rebekah Beadle	LV40	unattached	43.07

VET 40 top 4 (Rusland 5)

CAT POSN	POSN O/A	NAME	CLUB	TIME
1	1	Paul Dugdale	Kendal	32.28
2	3	Brendan Bolland	Horwich	35.35
3	9	Simon Stanway	Barrow & Furness	37.52
4	14	Paul Marshall	unattached	41.37

VET 50 or older top 4(Rusland 5)

CAT POSN	POSN O/A	NAME	CAT	CLUB	TIME
1	5	S. Carr	V50	unattached	36.28
2	7	Roy Woodland	V50	unattached	37.23
3	8	Dale Gartley	V50	FRA	37.46
4	13	Simon Brister	V60	Matlock	40.36

SENIOR FELL RACE

1.75miles 430ft

Date: 21st August 2010

19 runners. 15 men, 4 ladies, 7 V40s, 3 V50s & over,

POSITION	NAME	CAT	CLUB	TIME
1 (1 st V40)	Paul Dugdale	V40	Kendal	13.43
2	Paul Neild	M	Bowland	14.08
3	Sean Bolland	M	Bowland	14.25
4 (2 nd V40)	Brian Thompson	V40	CFR	15.15
5 (3 rd V40)	R Wells	V40	Allithwaite	15.20
6	Chris Standish	M	Calder Valley FR	15.27
7	Rob Dobson	M	Calder Valley FR	15.28
8	Mike McIver	M	Black Combe R	15.56
9 (1 st lady)	Melanie Hyder	L	Helm Hill	15.59
10 (1 st V50)	Roy Woodland	V50	unattached	16.24
11	Ian Shuttleworth	V40	Holmfirth	17.09
12 (2 nd lady)	Lauren Munro-Bennett	L (U17)	Helm Hill	17.16
13 (3 rd lady)	Helen Woodley	L	unattached	17.24
14	David Appleyard	V40	Helm Hill	17.42
15	Paul Marshall	V40	unattached	17.46
16 (1 st LV50)	Wendy Dodds	LV50	Clayton Le Moors H	18.06
17*	Antony Meanwell	M	unattached	19.56
18	Jonathan Hurford	V50	Great Western R	20.54
19	Peter Sibley	V40	unattached	23.00

LADIES top 4 (Senior 1.75m)

CAT POSN	POSN O/A	NAME	CAT	CLUB	TIME
1	9	Melanie Hyder	L	Helm Hill	15.59
2	12	Lauren Munro-Bennett	L (U17)	Helm Hill	17.16
3	13	Helen Woodley	L	unattached	17.24
4	16	Wendy Dodds	LV50	Clayton-Le-Moors	18.06

V40 top 4 (Senior 1.75m)

CAT POSN	POSN O/A	NAME	CLUB	TIME
1	1	Paul Dugdale	Kendal	13.43
2	4	Brian Thompson	CFR	15.15
3	5	R Wells	Allithwaite	15.20
4	11	Ian Shuttleworth	Holmfirth	17.09

V50 and older (Senior 1.75m)

CAT POSN	POSN O/A	NAME	CLUB	TIME
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1	10	Roy Woodland	unattached	16.24
2	16	Wendy Dodds	Clayton-Le-Moors	18.06

UNDER 17 FELL RACE

1.25miles 230ft

Date: 21st August 2010

7 Runners. 3 boys, 4 girls

POSITION	NAME	CLUB	TIME
1	Nathan Thompson	Cumberland FR	08.30
2	George Hurford	Bristol & West AC	09.17
3 (1 st girl)	Lauren Munro-Bennett	Helm Hill	10.04
4	Jack Sibley	unattached	11.07
5 (2 nd girl)	Natalie Beadle	unattached	11.12
6 (3 rd girl)	Tyler Colderley	Leigh Harriers	11.24
7 (4 th girl)	Loren Appleyard	Helm Hill	11.34

UNDER 14 FELL RACE

1 mile 180ft

Date: 21st August 2010

9 Runners. 3 boys, 6 girls

POSITION	NAME	CLUB	TIME
1(1 st boy)	Luke Canning	Helm Hill	6.22
2 (1 st girl)	Lorna Nunwick	Helm Hill	7.02 course record
3 (2 nd girl)	Sophie Seddon	Barrow Striders	7.25
4(3 rd girl)	Natalie Beadle	unattached	7.28
5(2 nd boy)	Joe Gubbins	unattached	7.31
6(3 rd boy)	Louis Sibley	unattached	8.04
7 (4 th girl)	Phoebe Heath	unattached	9.46
8	Jess Heath	unattached	9.49
9	Aislinn Stanway	unattached	12.12

UNDER 12 FELL RACE

0.8 mile 130ft

Date: 21st August 2010

22 Runners. 13 boys, 9 girls

POSITION	NAME	CLUB	TIME
1	George Buckley	unattached	06.58
2	Robert Albion	Broughton	07.03
3	Ned Sibley	unattached	07.07

4	Jake Cooper	unattached	07.10
5	Jamie Gittins	Broughton	07.11
6 (1 st girl)	Leah Albion	Broughton	07.12
7	Luke Turner	Hoad Hill H	07.17
8	Jonathan Evans	unattached	07.20
9	Oliver Gubbins	unattached	07.25
10	Robert Rawlinson	unattached	07.27
11 (2 nd girl)	Georgia Cooper	unattached	07.42
12 (3 rd girl)	Amy Wood	Kendal	08.19
13*	Jake Wood	unattached	08.19
14*	Hector Meanwell	unattached	08.35
15	Richard Rawlinson	unattached	08.49
16 (4 th girl)	Emma Gittins	Broughton	08.55
17	Leah Clough	unattached	09.20
18	Carrie Tyson	unattached	09.23
19	Jordan Tyson	unattached	09.27
20	Alice Howard	unattached	10.09
21	Anya Clough	unattached	10.51
22	Saffron Rawcliffe	unattached	13.16